Student Questionnaire

This questionnaire is about you. I'd like you to fill it out so I can be a better teacher for you and this class. There are no right or wrong answers. The most important thing is for you to think honestly about the questions. You may remain anonymous if you wish, and you may choose to skip some of the questions. But I hope you'll try answering them all—you'll get more out of the questionnaire if you do. All answers will be kept strictly confidential, although we'll talk about some of the questions later on as a group.

A. Basic Information

Your age:

Your gender (check one): M F

The number of years you've spent in a gifted class or program (check one):

0 1 2 3 4 5 6 more

B. Questions You May Already Be Asking Yourself

1. What does "gifted" mean to you?

2. How do you feel about the "gifted" label?

3. How were you selected for this class or program?

4. How do you feel about the selection process?

5. What do you think the purpose of this class/program is? (*Check all that apply. Add your own ideas, if you want.*)

____I don't know ____Harder work than other classes

____More work than other classes _____More challenging or interesting work

____Friendships with people like me ____Place where I'm not considered weird

_____Place to have fun ______Be stimulated to try new things

____Learn something new _____Nothing different from other classes

C. Feelings About Yourself

6. In what ways are you the same as most other kids your age? What things do you have in common?

7. In what ways are you different from most other kids your age? What makes you unique?

8. In terms of your popularity ... (check one):
I have tons of close friends and am liked by almost everybody.
I have a lot of close friends.
I have several (four or five) close friends.
I have one or two close friends.
I have no close friends.

9. In terms of how you feel about yourself \dots (check one):

____I don't like myself much.

____I like parts of myself but dislike other parts.

____I feel okay about myself.

____Most of the time, I like myself a lot.

____I've always liked myself a lot.

10. If you could change one thing about yourself, it would be:

11. The best thing about you, as far as you're concerned, is:

D. Conflicts

12. How often do you experience the following feelings, concerns, or problems? For each, check 1 (not at all), 2 (hardly ever), 3 (sometimes), 4 (a lot), or 5 (all the time).

| Feeling or Problem | How Frequently Felt | |
|--|---|--|
| I miss out on activities other kids get to do while I'm in my gifted and talented class. | $\Box 1$ $\Box 2$ $\Box 3$ $\Box 4$ $\Box 5$ | |
| I have to do extra work in school. | $\Box 1$ $\Box 2$ $\Box 3$ $\Box 4$ $\Box 5$ | |
| Other kids ask me for too much help. | $\square 1$ $\square 2$ $\square 3$ $\square 4$ $\square 5$ | |
| The stuff I do in school is too easy and it's boring. | | |
| When I finish my schoolwork early, I often am not allowed to work ahead. | | |
| My friends and classmates don't always understand me, and they don't see all of my different sides. | □1 □2 □3 □4 □5 | |
| Parents, teachers, and even my friends expect too much of me. I'm supposed to get A's and do my best all the time. | $\square 1$ $\square 2$ $\square 3$ $\square 4$ $\square 5$ | |
| Tests, tests, and more tests! | □1 □2 □3 □4 □5 | |

13. What's your biggest challenge or difficulty in life right now?

14. Generally, how do you feel about your life? (Make a check somewhere along this continuum.)

Feel really great, confident, happy

Feel extremely bad, upset, worried; think about dying

E. Support Systems

15. Who do you share your feelings or problems with when you're wondering what life is about, or who you are? Who do you go to—or like to be around—when things aren't so great? (Check all that apply.)

____ Friend

____ School counselor

____ Mother

____ Camp counselor

____ Father

____ Psychologist or doctor

____ Sister

____ Official Big Brother or Sister

____ Brother

____ Other adult (example: neighbor)

____ Other relative

____ Teacher

____ Pet (dog, cat)

____ I prefer just being alone

____ Coach

____ I don't think about that kind of stuff

____ Clergy (minister, rabbi, priest, spiritual leader, etc.)

| t do you do to feel good about yourself? (Check all that apply. Add your own ideas want.) |
|--|
| Think or study harder |
| Get some exercise (get on my bike, go for a run, head for the gym, dance, etc.) |
| Call or text a friend |
| Communicate with a friend online (via social media, a chat room, email, instant messaging) |
| Write in a journal |
| Paint or do other artwork or crafts |
| Play a musical instrument |
| Work on a project (club, play, newspaper, etc.) |
| Play harder in sports |
| Earn money |
| Go somewhere (mall, park, a friend's house, place of worship, etc.) |
| Watch TV |
| Talk to my parent(s) |
| Talk to my teacher |
| Volunteer |
| Listen to music |
| Go to a party |
| Cook or eat |
| Use relaxation techniques (yoga, meditation, deep breathing, etc.) |
| Surf the Web |
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17. If you could get this class or program to do or provide one thing for you, what would it be?

Your name (optional):