

# Reach Out and Give

Includes Activity  
Guide for Adults!



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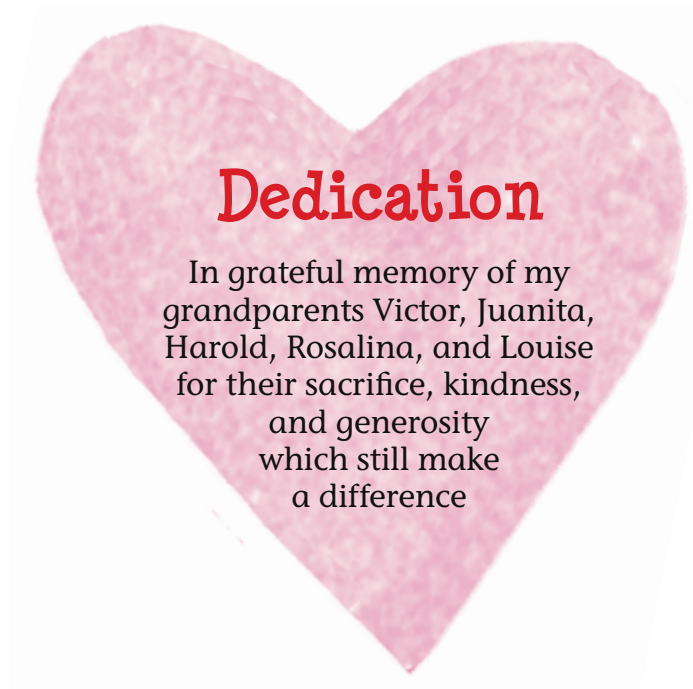
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## Dedication

In grateful memory of my  
grandparents Victor, Juanita,  
Harold, Rosalina, and Louise  
for their sacrifice, kindness,  
and generosity  
which still make  
a difference

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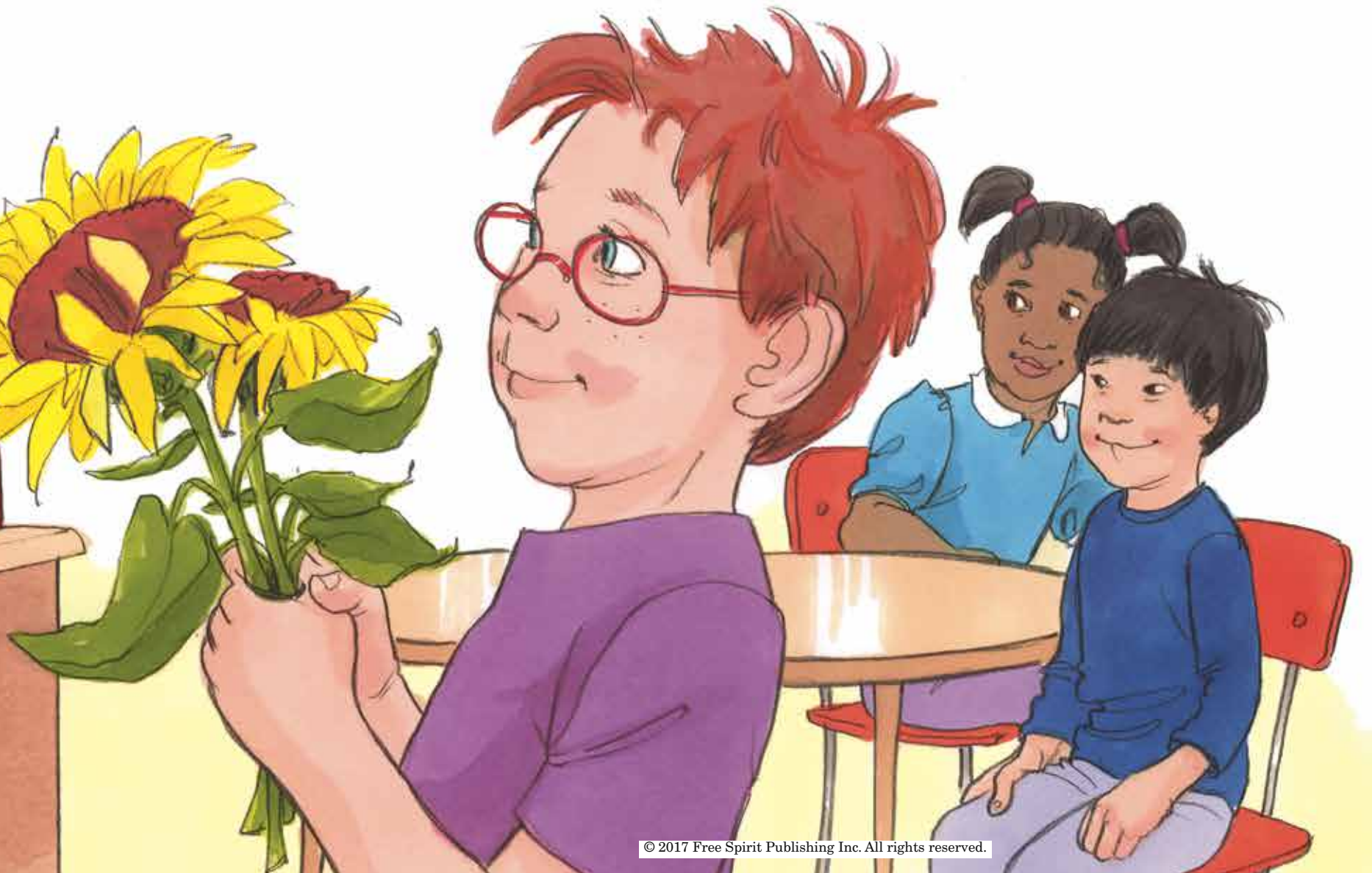
The world is beautiful.  
There's so much to notice  
and be grateful for.



I'm also grateful for people who help me.



There are lots of ways I can show my thanks  
and give something back.



## Ways to Reinforce the Ideas in *Reach Out and Give*

*Reach Out and Give* teaches children about being generous and giving service to others. The book introduces beginning concepts of gratitude and helpfulness and of giving time, talent, and things. Here are terms you may want to discuss:

**generous:** willing to share or give more than is expected

**grateful:** appreciative or thankful; when you are grateful, you appreciate something and are glad for it

**philanthropy:** giving time, talent, things, or money to help a person or group

**relief:** special help for people who need food, water, clothes, shelter, or other basic things

**service:** something helpful you do for someone else; when you give service, you do something that makes things better for one person or for many people

**talents:** things a person is able to do especially well

**volunteer:** to offer to do something helpful without being asked; to reach out to help others because you want to do so

### As you read each page spread, ask children:

- What's happening in this picture?

### Here are additional questions you might discuss:

#### Pages 1–3

- What does it mean to be grateful? What are some things you are grateful for? Who are some people you are grateful for?
- What is a way to show someone that you appreciate what the person does?
- Have you ever thanked someone who was kind to you? How did you feel when you thanked the person?
- Has someone ever thanked you for something? How did you feel when that happened?

#### Pages 4–11

- What does it mean to reach out to other people? (*Discuss this in the context of offering kindness or help without being asked.*) Tell about a time you reached out (or someone reached out to you). What happened?
- What does it mean to be generous? When was a time you were generous (or someone was generous to you)? What did you (the person) do? How did it feel?
- What are some other ways to be generous?

- What is special about doing something for someone without being asked?
- How does making something for someone (spending time with someone) show that you care?
- Tell about a time you or someone in your family volunteered to help with something. What would have happened if no one volunteered to help?

#### Pages 12–19

- What things do you share? When do you share your time?
- What do you think is one of your talents? What could you do with your talent that might help someone else?
- When are some times someone might need help in our classroom (in our home)? What can you do to help?
- Why is it important to get permission before you give something?

#### Pages 20–27

- What does it mean to give service?
- (*point to pages 20–21*) What are the people in this picture doing to give service?
- What is a service you can do with other people in our group? With people in your family?
- (*point to pages 22–23*) Who do you think the children are making bags for? How will people use the bags when they receive them?
- What is a way to reach out (give service, be generous) to someone you have never met?
- (*point to pages 24–25*) What are some times to be generous with money (to buy a present, to donate to help people in need)? How is the boy being generous? How do you think his sister will feel when she gets her gift? How will the boy feel? Why?
- What are some good things that can happen when you help someone else?

#### Pages 28–31

- How do you think being generous helps you get along with other people?
- What are some ways you can make a difference for somebody else?

## Generosity Games

Read this book often with your child or group of children. Once children are familiar with the book, refer to it when teachable moments arise involving both positive behavior and problems related to generosity. Make it a point to notice and comment when children willingly offer help or share their time, talent, or things with those around them. In addition, use the following activities to reinforce children's understanding of why and how to reach out and be generous toward others.